Colourful Language of DISC

from Target Training International (TTI)



We are all unique individuals. To be successful communicators we need to be aware of the fact that maybe 'our way' isn't the 'only' way!

People are different; so often than not it is this difference, in the 'how' we do things, that creates tension | frustration in our perception of the observed behaviour of our colleagues | customers.

Having more awareness of what makes you "tick" and what makes significant others "tick" will allow you to make considered and confident choices in how you make the most out of all your communications

Appreciating & Valuing our Differences

Qualities Decisive Deep Correct Fast-paced Precise Task Focussed Conscientious **Strong Willed Perfectionist Goal Orientated** Knowledgeable Competitive Accommodating Cheerful **Encouraging** Inspirational Low key **Outgoing** Relaxed **Enthusiastic Persuasive** Calm

Uplifting

On a bad day ?? Worrisome **Aggressive** Hard-to-please Controlling Defensive Over bearing Driven Picky Intolerant Fussy **Undemonstrative** Overly confident **Flamboyant** Bland Stubborn Over talkative Indiscreet Hesitant Inflexible Hasty

Heather Ballantine is a qualified, licensed practitioner and authorised re-seller of TTI's behavioural model and innovative profiles.

www.bethebestest.co.uk

Red Energy | D



how you like to deal with **problems** and challenges

shows how patient you are

bestest

Yellow Energy | I



- how you handle people and influence others
- your levels of trust & optimism



Green Energy | S



- how you handle a change and how you pace yourself
- how much you readily show & share your emotions



Problems & Challenges

High

Low

Tendency to be very active & assertive in gaining results ...

will go directly to the problem with little or no fear

Tendency to go at the problem with a calculated, organised, well thought out approach to gaining results

bestest

People

High

Tendency to have high contact-ability, outgoing, social

→ very verbally persuasive

Tendency to be more sincere, reserved

enters situations & relationships
with more of a cautious approach

Low

→ fact & information orientated



Pace of life

High

Tendency to prefer a more structured, predictable environment with well defined boundaries ...

→ prefers a secure situation

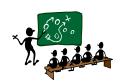
Tendency to prefer an unstructured, undefined environment

 with a great deal of freedom to operate

Low



Blue Energy | C



- how you handle rules & procedures set by others
- how cautious you are in terms of taking a risk

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Procedures set by others

High

Tendency to follow rules set by others

 aware of the effects of not complying with rules & procedures

Tendency to do it "my way"

→ establishing their own rules

Low



For more information, including info as to which TTI profile will suit you or your team best, then please contact Heather

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